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and others than a lot of what the real price is.

sex, power, money, fame, fortune, business, sporting & personal recognition can draw men and women into lusting after selling etc. what they can't have or treading over 6) Put Sex in Perspective. Sex was never everyone in their way to get there.

I am not only talking about sex in regards over God's creation to lust but to anything that your flesh wants and never gets. Lust is the insatiable desire of the flesh to pursue something or someone that will satisfy their inner desire for it, but never satisfy!!

David's lust for Bathsheba lead to adultery, lead to the death of Uriah and the soldiers with him and the death of the child created by the sex involved. What a mess! Lust will do this to you and more if you let it. It does not discriminate at all. Here are 10 strategies to battle lust in you life, no matter what it is aimed at.

1) Recognise and name the Problem. Call lust sin not something else.

2) Stop Feeding the Problem. Stop reading, watching and looking at material. Stop chasing the perfect job, wife/ hubby, sporting achievement etc 3) Demythologise it. Life is different to

how the world portrays it.

LUST!! One of the 7 seven 4) Confess the Real Price. Admit to what deadly sins that causes it is really costing you physically, spiritualmore damage to oneself ly and emotionally. A shattered life is

other of the sins. Lust for 5) Trace its History. To cure the problem, find out how or why it started. Then try and set out to fix that problem via coun-

meant to preoccupy or gain dominion

7) Build Fantasies on God's Ideal. Lust after, have a strong desire after, the things that are from God and will build you and others up in the faith.

8) Work on Some Positive Addictions. Music, Community Care, helping your church, your neighbour who is disabled? 9) Recognise the Humanity of Your Victims. Your family, or the women or men you are obsessing or treading over to get who or where you want, or those you may destroy in your quest.

10) Meet Your Real Needs. For God, family, male/female friendship, good job, recreation time etc. When your real needs are met the obsessions will fade.

By praying & following these strategies you will be better placed to stop it. If you can't seek aood Christian counsellina God bless Pastor Steve

Old time Picture Show 20 August '16 @ Mitcham

We're going to enjoy an old fashioned evening at the movies...watching comedy sketches, cartoons, newsreels, and previews from yesteryear. The main feature is one of the best British comedies, 'Genevieve'. This movie starts Kenneth Moore and is the name of a car in a vintage car race. And, all will be shown by an experienced projectionist.

BABBA - 10 September '16

This night will be a great night for two reasons ... the first is the fantastic dinner & show that BABBA put on for us and the second reason is that it is also Edwin Bryans birthday party as well. Ed has agreed that we can have both his birthday and the BABBA night together. It will ben a fun filled night for sure. We have already sold the 15 seats I had booked and paid for earlier but I have been able to secure 10 more seats at present but you need to book and pay immediately to confirm your seats. It will be on a first in first

NSW CAMP—Fri 14 to Mon 17 Oct '16

Yes we are having another camp in Nsw this year. After having missed last year .It is time again to have one. This year we are going back to Bethshan Conference Centre in Wyee. Our speaker is Mr Alan Rabbidge, one of our own. Our camp will finish on the Sunday afternoon but the campsite is offering us the opportunity of staying over on the Sunday night which includes bed and breakfast, The cost is \$280 for the two day camp and then \$70 for the extra night which includes dinner, bed & breakfast. The extra night is not part of the camp but if you would like to make into a long weekend then please indicate that on the brochure. I really hope to see you there after our two year break in NSW. (See brochure attached)

Club Solo Events Around Australia

Adelaide Club Solo

Sun. 24 July. Bible Study Night. Starts 5-8pm. Bring Main course or dessert to share and your own drink. Contact Joy on 0401-862460 or email joy01@adam.com.au for more details.

Sat. 30 July. Botanical Gardens or Art Gallery. Meet @ 2pm at the Art Gallery, North Terrace. At the Art Gallery if raining. Contact Joy on 0401-862460 or email joy01@adam.com.au or Fiona on 0432 583 048 or tbanoif@hotmail.com for all the details.

Sat. 6 Aug. BBQ & Rock 'n Roll Night @ John Modra's Place, 21 Thiele St, Tanunda. Starts 6pm til late. BBQ tea supplied. BYO drinks/nibblies/supper to share. Bookings required by contacting John on 0427-765081 or Joy on 0401-862460

Fri. 12 Aug. Dinner/Coffee night @ Scuzzi's Café, 99 O'Connell St, North Adelaide. Starts 7pm. Contact Fiona on 0432-583048 or Joy on 0401-862460 for details.

Fri.9 Sept. Dinner/Coffee night @ Scuzzi's Café, 99 O'Connell St, North Adelaide. Starts 7pm. Contact Julie on 0421-327614 for details.

Sat. 17 Sept. Ten Pin Bowling @ Goodwood Bowl, cnr Cross & Goodwood Rd's, Goodwood. Starts 7.30pm. 2 games and shoe hire. McCafe across the road afterwards. Bookings required by 9 Sept by contacting Julie on 0421-327614.

Fri. 14 Oct. Dinner/Coffee night @ Scuzzi's Café, 99 O'Connell St, North Adelaide. Starts 7pm. Contact Julie on 0421-327614 for details

Fri 14—Mon 17 October. NSW Camp @ Bethshan Conference Centre, Wyee . Cost \$280 for camp weekend. Speaker Alan Rabbidge from Sydney. (See attached brochure)

Sun 8-Sun 15 Jan '17. Gold Coast Holiday @ Mermaid Waters Resort, Mermaid Waters. Cost \$1190 triple share. Speaker is Mrs Tammy Susnjara from Axis Church on the Sunshine (See attached brochure)

You can check out the website for their monthly Bible studies held on the last Sunday of every month. For further information on events still to come, as well as any of the events listed, please go to www.clubsolo.org.au/adelaide

Geelong Club Solo

Sat. 13 Aug Dinner @ Leopold Sportsman's Club, 198 Kensington Rd, Leopold (Mel 454 F11). Bookings req by 11 Aug by contacting Eric on 0414-232491

Sat 10 Sept. Dinner @ Kanitar Thai, 349 Malop St, Geelong (Mel 452 F3). Bookings req by 8 Sept by contacting Eric on 0414-232491

Sat 8 Oct. Dinner @ Mexicali Mama, 407 Moorabool St, Geelong (Mel 452 A7). Bookings req6 Oct by contacting Cheryl on 0418-672570

Fri 14—Mon 17 Oct. NSW Camp @ Bethshan Conference Centre, Wyee . Cost \$280 for camp weekend. Speaker Alan Rabbidge from Sydney. (See attached brochure)

Sun 8-Sun 15 Jan '17. Gold Coast Holiday @ Mermaid Waters Resort, Mermaid Waters. Cost \$1190 triple share. Speaker is Mrs Tammy Susnjara from Axis Church on the Sunshine (See attached brochure)

Brisbane Club Solo

Fri 14—Mon 17 October. NSW Camp @ Bethshan Conference Centre, Wyee . Cost \$280 for camp weekend. Speaker Alan Rabbidge from Sydney. (See attached brochure)

Sun 8-Sun 15 Jan '17. Gold Coast Holiday @ Mermaid Waters Resort, Mermaid Waters. Cost \$1190 triple share. Speaker is Mrs Tammy Susnjara from Axis Church on the Sunshine (See attached brochure)

The Brisbane group run weekly activities. Go to <u>www.clubsolo.org.au/Groups.htm</u> as too many to show here. Email them at pinechristiansingles@gmail.com

Sydney Club Solo

Fri 14—Mon 17 October. NSW Camp @ Bethshan Conference Centre, Wyee . Cost \$280 for camp weekend. Speaker Alan Rabbidge from Sydney. (See attached brochure)

Sun 8-Sun 15 Jan '17. Gold Coast Holiday @ Mermaid Waters Resort, Mermaid Waters. Cost \$1190 triple share. Speaker is Mrs Tammy Susnjara from Axis Church on the Sunshine (See attached brochure). For details of Sydney's upcoming events contact Mark on 0418-657405 or beggar19611@bigpond.com

GOLD COAST CAMP Sun 8– Sun 15 January '17

We are back at the Gold Coast Holiday this year. There will be great tours especially the Dinner Cruise to McLaren's Landing, and great fellowship and fun in air conditioned rooms with unlimited swimming in the pool. The cost is \$1,190 for triple share but it will still be the best value week on the Coast you can ever have. Please see the attached brochure for all the details and how to book. Why not 'lay-by' your holiday by paying it off over the next 6 months. Others have done it in the past and it makes it easier to pay the balance when you get to camp.