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Solo Ministri

Rev Steve Mitchell 2 Karen Court, Mill Park VIC 3082 Ph No: (03) 9407 1240 Email: clubsolo@tpg.com.au www.clubsolo.org.au



What a shock it was when sitting in the doctor's office, after getting back from the Adelaide camp, he told me that I had a

Direct from the Director!

blood sugar reading of 22 and therefore I was now a diabetic!!!! WHAT!! This can't be true!! I do have a history in my family with my dad, and my sister diagnosed as well. But this can't be happening to me Lord surely!! But it was! I was in a bit of a daze for a couple of days as I was given reams of paperwork to read, had tests, and went to more dr's appointments. I finally accepted that I had to be serious with this and do something about it. First off I prayed over it and declared it healed in the name of Jesus and through His Blood that was shed for my healing. Praise God!!

Then I started to eat healthily and exercise (which I should have been doing anyway). It has been nearly 4 weeks since that time and I've got the sugar levels down to single figures and lost around 10 kilos.

Now why have I told you this? I am challenging all of you in Solo to start eating healthily, and exercising if you can, and see if you and I can, over the rest of this year, make a dent in our health. None of us are getting younger and some of us have let ourselves go. So before we have a heart attack, a diabetes diagnosis or some other illness, join me as I try to live a more healthier life with exercise and food. I'm not going to be perfect at it, and neither will you, but if we put our hearts and minds to it we can succeed and when we go to the Gold Coast in January we will be proud to step out in our swimmers because of what we achieved through the year. I can't wait!!

This is not a race, the only prize is a healthy body and mind and one that God can use for a longer period of time than what we had to offer Him before the new lifestyle. Email me if you want to join in. I know God will be happy to have you around a little longer.

> God bless Pastor Steve

JUNE LONG WEEKEND CAMP IN 2016

We are going back to the **Norval Conference Centre at Halls Gap**. I'm really looking forward to going back there after a year off. It is good to return to one of the best campsites in Victoria for this Queen's Birthday Long Weekend Camp. The dates are Friday 10 – Monday 13 June. The speaker is *Tukini Tavui* from Adelaide. He has spoken at a number of camps in the past and he has agreed to come back again and minister to us with the Word of God.

We will be having another silent auction, so if you have any goods or services to provide us with to auction whilst on camp for the benefit of the 100 Club then please let me know. Remember you have to be able to pay for and take away the goods at the end of camp. There will also be a Koroong Bookstall again so bring extra money with you to take advantage of the auction and bookstall.

MOVIE NIGHT @ PINEWOOD CINEMA'S

We are going to the movies on **Saturday 14 May** to see the funny but true life story of "*Eddie the Eagle*" a British sportsman who went to the winter Olympics in ski jumping, came last, but became a worldwide hero because of it. It is going to be a great night of fun, fellowship and supper. **Cost is \$20** and that includes the movie and supper afterwards. Is does not include munchies during the movie. Bookings are required beforehand. Please complete the attached rego form and send it in as soon as possible. A great night it will be!

Club Solo Events Around Australia

Adelaide Club Solo

Sun 24 April. Church & Lunch @ St Michael's Lutheran Church in Hahndorf. Meet at 10.15am at the church. Bookings required by contacting Julie on 0421-327614.

Fri. 13 May. Dinner & Coffee @ Scuzzi's, North Adelaide. Meet @ 7pm. Contact Julie on 0421-327614 for details.
Fri. 3 June. Dinner & Coffee @ Scuzzi's, North Adelaide. Meet @ 7pm. Contact Julie on 0421-327614 for details. (This is the first Friday in June)

Fri. 8 July. Dinner & Coffee @ Scuzzi's, North Adelaide. Meet @ 7pm. Contact Julie on 0421-327614 for details.
 Fri 10—Mon 13 June. Queens Birthday Long Weekend Camp @ The Norval Conference Centre, Halls Gap. Cost \$360. Speaker Tukini Tavui from Adelaide. (See attached brochure)

Brisbane Club Solo

The Brisbane group run weekly activities. Go to <u>www.clubsolo.org.au/Groups.htm</u> as too many to show here. Email them at pinechristiansingles@gmail.com

Geelong Club Solo

Sat. 14 May. Dinner @ Jashn Indian, Newtown (Mel 451 J6). Starts 6.30pm. Bookings required by 12 May by contacting Eric on 0414-232491.

Fri 10—Mon 13 June. Queens Birthday Long Weekend Camp @ The Norval Conference Centre, Halls Gap. Cost \$360. Speaker Tukini Tavui from Adelaide. (See attached brochure)

Sydney Club Solo

Sat. 7 May Sculptures @ Scenic World, Katoomba. Cost \$39. Meet at Scenic World at 8.45am. We are joining in with Socially Connected Group so contact Patricia on sociallyconnected@patricia.id.au or 0415-142922.

Fri 10—Mon 13 June. Queens Birthday Long Weekend Camp @ The Norval Conference Centre, Halls Gap. Cost \$360. Speaker Tukini Tavui from Adelaide. (See attached brochure)

NSW CAMP—Fri 14 to Mon 17 October '16

Yes we are having another camp in Nsw this year. After having missed last year .It is time again to have one. This year we are going back to **Bethshan Conference Centre in Wyee.** They do not have minimum numbers so we will be able to have the camp without worrying about if we have enough there. Our camp will finish on the Sunday afternoon but the campsite is offering us the opportunity of staying over on the Sunday night which includes bed and breakfast, **The cost is \$250 for the two day camp and then \$70 for the extra night which includes dinner, bed & breakfast.** The extra night is not part of the camp but if you would like to make into a long weekend then please indicate that on the brochure. See you there after a two year break. The brochure will be on the website very soon.

GOLD COAST CAMP 8-15 January '17

What a great time we had at the Gold Coast Holiday this year. You missed great teaching from Greg, great tours especially the Dinner Cruise to McLaren's Landing, and great fellowship and fun in air conditioned rooms with unlimited swimming in the pool. We are going again next year with the dates being **8-15 January '17**. Watch out for the brochure and details to come. **The cost is \$1,190** for triple share but it will still be the best value week on the Coast you can ever have. Once the brochure is completed I'll send it out.

100 CLUB

Here is your chance to partner with us here at Club Solo through Solo's 100 Club, which is where each person gives 1% of their annual income to support the ministry of Club Solo. Financial support of the 100 Club will go toward paying for the salary of the National Director (Steve Mitchell) to be able to allow him to offer pastoral & spiritual ministry both here in Victoria as well as Australia wide. Please be in prayer to see how God leads you in regards to your financial support.

You may wish to give on a fortnightly/monthly basis, or a one of yearly gift or just one off gift. Your gift will be greatly appreciated. You may give it via cash, chq, or make a direct credit into Solo's bank account as follows:

Bank: Westpac BSB NO: 033057 Account No: 175160 Account Name: Club Solo Ministries